

Chura Umi (Beautiful Sea)
Chura Shima (Beautiful Island)
The ultimate relaxation while in Ishigaki.

~SPA AGAROSA~

Take the time to enjoy a treatment at SPA AGAROSA and refresh both your mind and body.

Choose from one of the many menus that allow your body to absorb what Nature has best to offer while relaxing to the soothing aroma of the local ingredients used. Let us help tone your body and mind.

SPA AGAROSA



SPA TREATMENTS SPA AGAROSA



Japan's
Best Resort Spa



ANA INTERCONTINENTAL ISHIGAKI RESORT
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- Please bring the following:
 - Bathing suit for jet bath.
 - Contact lens case for users or bring regular eye glasses instead.
- The following Guests cannot receive treatment.
 - Guests under the age of 12.
 - Guests who have been told by their medical doctor not to bathe, not to exercise or not to receive massage.
 - Guests who are allergic to seawater.
 - Guests with communicable and/or transmittable diseases.
 - Guests who are pregnant.
(Some treatments are available for pregnant Guests.)
 - Guests under the influence of alcohol.
 - Guests with tattoos.
 - Guests who has sunburned, eczema on skin, and any Guests believed to be in a condition that prevent them to receive any treatment.
- Please finish your meals at least one hour before the time of the course/ treatment.
- Before the start of any courses, a simple health check will be carried out. Based on these, we may have to suggest a change in course or in some cases, we may have to decline offering some treatments.
- The treatments and courses offered at Spa Agarosa are in no way medical; they are offered for relaxation purposes.
- For cancellation or changes of reservations, please contact the Spa Agarosa office one day prior to the actual date of reservation. Failure to contact the office will result in a 100% cancellation charge.

SPA AGAROSA
Tower Wing 1F

Reservation necessary

- 14:00 ~ 23:00
- Phone : +81 980 88 7111
- From Guest Rooms, Dial #4

Mahae

Use of Ishigaki's sea salt and of our original algo-pack.

Kurort (actual time 170 min) ¥36,500

Jet Bath / choice of Chura-umi Body Pack or Sea Salt Scrub / Tranquility Treatment / Kucha Face Wash and Chura-shima Face Pack / Body Treatment

Full body treatment that makes use of sea salt and algae; a treatment that will revitalize your whole body.

Thalasso Luxury (actual time 120 min) ¥28,000

Chura-umi Body Pack / Kucha Face Wash and Chura-shima Face Pack / Aroma Body Treatment

A total treatment that includes a full body pack in addition to facial care and body treatment. A course which is typical of Okinawa because of the use of ingredients specifically found in Okinawa.

Okinawa Salt Journey (actual time 120 min) ¥22,000

Sea Salt Body Scrub / Aroma Body Treatment

Application of a gel made with mineral-rich sea salt, hibiscus and rose extract; minerals will soften your skin and the aroma will let you relax.

Sea-water Body Treatment (actual time 120 min) ¥20,500

Jet Bath / Aroma Body Treatment / Head Healing

A full body treatment that combines a jet bath using sea salt and a tropical base with aroma oil for relaxation.

Chura-umi Body Pack (actual time 60 min) ¥11,000

Body Pack 30 minutes / Shower

Full body oil pack made with mozuku sea weed and chlorella. Mineral and iodine contained in this body pack will moisturize your skin.

Chura-umi / Sea Salt Body Scrub (actual time 60 min) ¥11,000

Body Scrub 30 minutes / Shower

Application of a gel made with mineral-rich sea salt, hibiscus and rose extract to take away excess dead skin cells.

◇ Our suggestions for a combination of treatments.

◇ The 10% consumption tax and a 13% service charge are included in the list price.

◇ This menu is valid as of April 2021.

Kanasa

Choice of an Okinawan lemon-based oil "Shikwaasaa" or a tropical-based oil "Utsugumi" aroma treatment.

Aroma Fusion
 ● Shikwaasaa 90 minutes (actual time 120 min) ¥27,000
 ● Utsugumi 90 minutes (actual time 120 min) ¥25,500

Foot Bath / Body treatment / Facial Treatment / Head Healing

A full body treatment which includes head healing as well for total care. Highly relaxing course due to the aroma oil used.

Full Body Treatment
 ● Shikwaasaa 90 minutes (actual time 120 min) ¥22,000
 ● Utsugumi 90 minutes (actual time 120 min) ¥20,500

Foot Bath / Body Treatment / Head Healing / Tranquility Treatment

Very effective treatment to help you relax through the use of fruit from Okinawa and aroma oil.

Body Treatment
 ● Shikwaasaa 60 minutes (actual time 90 min) ¥19,000
 ● Utsugumi 60 minutes (actual time 90 min) ¥16,000
 40 minutes (actual time 75 min) ¥11,000

Foot Bath / Body Treatment

Full body treatment using an aroma oil. If you choose the Shikwaasaa course, you will also be offered a foot bath with Okinawa lemons.

A treatment that will help you relax from the feet up.

Facial Treatment
 ● Shikwaasaa 60 minutes (actual time 90 min) ¥17,000
 ● Utsugumi 60 minutes (actual time 90 min) ¥15,000
 40 minutes (actual time 60 min) ¥10,000

[60 minutes] Cleansing > Kucha Face Wash > Treatment from décolleté to face (with steam) > Putter > Suction > Face Pack > Skin Treatment

[40 minutes] Cleansing > Kucha Face Wash > Facial Treatment > Face Pack > Skin Treatment

Let yourself be enclosed by the freshness of citrus or the sweetness of tropical fruit with this facial treatment. You will feel your skin beautifying.

Foot Treatment
 ● Shikwaasaa 40 minutes (actual time 75 min) ¥14,000
 ● Utsugumi 40 minutes (actual time 75 min) ¥11,000

Ingredients from Okinawa used in a foot bath and aroma treatment. Helps decrease swelling, warms up cold feet and relaxes tired feet.

Hibiscus Full Body Cool Pack (actual time 60 min) ¥9,500

Cool Pack 30 minutes / Shower

This treatment is to help your skin cool down after spending time under the sun. Cooling body pack made from hibiscus and mint that may help relieve some of the pain.

Ishigaki euglena B.C.A.D.

High quality treatments using products made with Euglena, a microalgae grown in Ishigaki.

All menu items use an original oil developed by Spa Agarosa and euglena Co. Ltd; we will give you one bottle of oil if you choose one of the following menus (except Head Healing)

Ishigaki euglena B.C.A.D. Ultimate Course
 150 minutes (actual time 180 min) ¥55,000

Foot Bath / Body Treatment / Facial Treatment / Head Healing / Tranquility Treatment

A full body treatment course making use of the complete lineup of euglena B.C.A.D. products. Excess dead skin is removed through an Ishigaki salt treatment and your skin is rejuvenated with our original anti-aging care products. The ultimate care treatment that will help your mind and body unwind.

Ishigaki euglena B.C.A.D. Fusion Course
 90 minutes (actual time 120 min) ¥37,000

Foot Bath / Body Treatment / Facial Treatment / Head Healing

After softening your skin with an Ishigaki salt oil, the essentials of euglena B.C.A.D. will penetrate your skin and moisturize it.

Ishigaki euglena B.C.A.D. Facial Treatment
 ● Anti-aging 90 minutes (actual time 120 min) ¥38,500
 ● Lift up 60 minutes (actual time 90 min) ¥28,000

Foot Bath > Back Treatment > Cleansing > Peeling > Eye Treatment > Décolleté to Facial Treatment > Face Mask > Head Massage > Skin Revitalization

A lift up facial treatment based on original aging ingredients and with a moisturizing eye treatment.

Ishigaki euglena B.C.A.D. Body Treatment
 ● Deep 90 minutes (actual time 120 min) ¥34,000
 ● Flow 60 minutes (actual time 90 min) ¥24,000

[Deep]

Foot Bath > Back (scrub) and Leg Treatment > Front Treatment > Abdomen and Décolleté Treatment > Head Treatment

[Flow]

Foot Bath > Back and Leg Treatment > Décolleté Treatment > Head Treatment

A dynamic resort treatment with deep pressure and long strokes to allow for relaxation and recovery from fatigue.

Ishigaki euglena B.C.A.D. Head Healing
 30 minutes (actual time 50 min) ¥9,000

Hand massage treatment from the scalp to the neck to the shoulders. A soothing hand massage using the Spa's Original Oil that will help stimulate the head's lymph nodes; euglena oil will help repair hair damage by strengthening the hair root. An overall revitalizing treatment.

Getto

These treatments use getto oil (shell ginger), a hard to find oil made in Okinawa.

Getto Full Body and Facial Treatment (TSUKINU_KAISHA)
 150 minutes (actual time 170 min) ¥41,500

Foot Bath / Body Treatment / Facial Treatment / Head Healing / Tranquility Treatment

After a foot bath with getto, full body treatment with getto oil followed by head healing. Ultimate relaxation for mind and body.

Getto Full Body Treatment
 90 minutes (actual time 120 min) ¥24,000

Foot Bath / Body Treatment / Head Healing / Tranquility Treatment

After a foot bath with getto, full body treatment with getto oil followed by head healing. Ultimate relaxation for mind and body.

Getto Body Treatment
 60 minutes (actual time 90 min) ¥20,000

Foot Bath / Body Treatment

Body treatment using getto oil. Relaxes both mind and body. Starts with a getto foot bath.

Getto Facial Treatment
 60 minutes (actual time 90 min) ¥17,500

Cleansing > Kucha Face Wash > Shoulder to Face Treatment with Steam > Suction and Putter > Getto Pack

Face pack and facial treatment using getto essence. Makes for moist skin.

